The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

| Name of your organisation: | |
|--|---|
| Alz | heimer's Society |
| If your organisation is part of a larger N/A | organisation, what is its name? |
| In which London Borough is your organ | nisation based? |
| Contact person: | Position: |
| Miss Chris Munroe | Senior Philanthropy Manager |
| Website: http://www.alzheimers.o | rg.uk |
| Legal status of organisation: | Charity, Charitable Incorporated Company or |
| Registered Charity | company number: 296645 |
| When was your organisation established | ed? 01/01/1979 |

Grant Request

Under which of City Bridge Trust's programmes are you applying?

Older Londoners

Which of the programme outcome(s) does your application aim to achieve?

People living with Alzheimer's and other forms of dementia having a better quality of life

Please describe the purpose of your funding request in one sentence.

Side by Side: tackling loneliness and isolation among people with dementia in Bromley

When will the funding be required? 02/01/2018

How much funding are you requesting?

Year 1: £48,505 Year 2: £49,002 Year 3: £49,535

Total: £147,042

Aims of your organisation:

850,000 people in the UK are living with dementia, and a further 670,000 people care for them. As the UK?s leading support and research charity for these people, we aim to reduce the impact of dementia upon their lives.

Our vision is a world without dementia. We want to mobilise thousands of people to help us:

- ? change the face of dementia research;
- ? demonstrate best practice in dementia care and support;
- ? provide the best advice and support to anyone dealing with dementia:
- ? Influence the state and society to enable those affected by dementia to live as they wish to live

Main activities of your organisation:

Alzhelmer?s Society works to help people living with dementia across the UK. Our work is split across three strands: services, research and campaigning.

In 2015/16 we provided almost 3,000 high quality, innovative and inclusive services across England, Wales and Northern Ireland for people with dementia and their carers. We also fund research into cause, care, cure and prevention of the condition, and committed to spend at least £10 million per year by 2017. Our campaigning has kept dementia firmly at the top of the political agenda and raised dementia awareness among more than 2 million people through our Dementia Friends Initiative.

Number of staff

| Full-time: | Part-time: | Management committee members: | Active volunteers: |
|------------|------------|-------------------------------|--------------------|
| 1,189 | 1,236 | 15 | 5,421 |

Property occupied by your organisation

| Is the main property owned, leased or rented by your organisation? | If leased/rented, how long is the outstanding agreement? |
|--|--|
| Rented | 10 years |

Summary of grant request

Living with dementia can be lonely, and getting out of the house or seeing friends becomes even more difficult as the condition progresses. As a result, people with dementia often feel cut off from their communities, and no longer able to join in with the activities that they enjoy.

There are approximately 4,330 people living with dementia in Bromley, and many of them spend far too much time alone. While there are a number of dementia services in the area, they are not focused on tackling social exclusion, nor do they often get people with dementia out into the community, or build new social networks. There is an urgent need to provide this kind of support in Bromley, and reduce the Isolation so many people with dementia in the borough face.

Alzheimer?s Society?s national volunteer-led service, Side by Side, connects people with dementia to their communities once more, and supports them to keep doing the things they love. Paired with one of our dedicated local volunteers, people with dementia can choose what they would like to do together and when. It could be a walk to a garden centre or café, getting together with friends at a local group, or going to a football match? and this can vary each time. In addition to supporting people with dementia to get out and about, volunteers also help to link them with existing groups and activities in their local community to build wider support networks.

Our proposed Side by Side in Bromley will be a completely new service for the borough, and represents an exciting opportunity to meet a vital need for people with dementia in the area. Led by a Side by a Side Coordinator, the service will aim to reach 40 people with dementia in the first year, 60 in the second year, and 60 in the third year? providing the support they need to keep active, happy and connected to the people around them.

This project meets the Trust?s ?Good Practice? principles by:

- ? ensuring that people with dementia are involved throughout the management and running of the service, with the opportunity to choose the volunteer they would like to be paired with, and the activity they would like to do. We will also seek feedback throughout the project, to make sure that we are continuing to provide the service that people with dementia in Bromley want and need.
- ? valuing and supporting our volunteers, who are integral to the Side by Side service. We will ensure flexibility, so that the service can be balanced with work and other commitments. Volunteers will also meet with the Side by Side Coordinator, giving them the opportunity to discuss any obstacles they may be facing, and ideas they have to improve the service.
- ? welcoming people from all backgrounds, and valuing diversity ? our Side by Side service will be open to anyone with dementia in Bromley, whatever their background. The Coordinator will focus particularly on raising awareness among communities in Bromley where dementia diagnosis rates are low, and stigma associated with the condition is common.
- ? taking steps to reduce our carbon footprint? when taking part in activities together, we will encourage Side by Side volunteers and people with dementia to use public transport whenever possible.

As the UK's leading dementia charity, we have over three decades of experience of working to meet the needs and improve the quality of life for people affected by dementia. We are currently running 32 successful Side by Side services, including in neighbouring Lambeth, and believe that we are the right organisation to deliver this important service for Bromley.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

40 people with dementia supported through the Bromley Side by Side service in year one, 60 people with dementia in year two, and 60 people with dementia in year three.

25 meetings or ?contacts? between each person with dementia using the service and their volunteer in year one, 40 in year two, and 40 in year three.

40 volunteers trained and supporting people with dementia in Bromley through the Side by Side service in year one, 60 in year two, and 60 in year three.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Volunteers enable choice for people with dementia living in Bromley who use the Side by Side service.

People with dementia in Bromley who use the service have more social contact (other than with their volunteer).

People with dementia in Bromley enjoy the activities they take part in through Side by Side.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. To ensure that this important service continues beyond the Trust?s funding period, we will seek other philanthropic income to provide the funding we need. If we are not able to secure this, in line with Alzheimer?s Society policy, we will use our unrestricted funds to pay for the service until we are able to find another donor.

Who will benefit?

About your beneficiaries

| How many people will benefit directly from the grant per year? |
|--|
| 53 |
| The sublich Chapter Landon beresteld (2) and the Chapter Landon (2) and the C |
| In which Greater London borough(s) or areas of London will your beneficiaries live? |
| Bromley (100%) |
| |
| |
| |
| |
| |
| |
| What age group(s) will benefit? |
| 45-64 |
| 65-74 |
| 75 and over |
| |
| |
| |
| What gender will beneficiaries be? |
| All |
| |
| |
| |
| What will the ethnic grouping(s) of the beneficiaries be? |
| A range of ethnic groups |
| |
| |
| |
| |
| |
| Té Othor ethnic group, planes give detaile. |
| If Other ethnic group, please give details: |
| What proportion of the beneficiaries will be disabled people? |
| 91-100% |
| |

Funding required for the project

What is the total cost of the proposed activity/project?

| Expenditure heading | Year 1 | Year 2 | Year 3 | Total |
|--------------------------------|--------|--------|--------|--------|
| Coordinator Salary | 30,753 | 31,074 | 31,428 | 93,255 |
| Learning & development | 462 | 464 | 469 | 1,395 |
| Coordinator travel | 2,018 | 2,038 | 2,058 | 6,114 |
| Support costs | 5,402 | 5,457 | 5,512 | 16,371 |
| Marketing | 505 | 510 | 515 | 1,530 |
| Volunteer Induction events | 2,099 | 2,120 | 2,141 | 6,360 |
| Volunteer travel & subsistence | 4,709 | 7,135 | 7,206 | 19,050 |
| Office stationery costs | 202 | 204 | 206 | 612 |
| | 0 | 0 | 0 | 0 |
| | 1181 | | | |

| TAL: | 46,150 | 49,002 | 49,535 | 144,687 | |
|------|--------|--------|--------|---------|--|
|------|--------|--------|--------|---------|--|

What income has already been raised?

| Source | Year 1 | Year 2 | Year 3 | Total |
|--------|--------|--------|--------|-------|
| | 0 | 0 | 0 | 0 |
| TOTAL: | 0 | 0 | 0 | 0 |

What other funders are currently considering the proposal?

| Source | Year 1 | Year 2 | Year 3 | Total |
|--------|--------|--------|--------|-------|
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |

| - 14 | | | | | | |
|------|--------|---|---|---|---|--|
| | TOTAL: | 0 | 0 | 0 | 0 | |

How much is requested from the Trust?

| Expenditure heading | Year 1 | Year 2 | Year 3 | Total |
|--------------------------------|--------|--------|--------|--------|
| Coordinator Salary | 30,753 | 31,074 | 31,428 | 93,255 |
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| TOTAL: | 46,150 | 49.002 | 49 535 | 144,687 |
|--------|--------|--------|--------|---------|
| IOTALI | 70,250 | 45/002 | 45/000 | |

Finance details

Please complete using your most recent audited or independently examined accounts.

| Financial year ended: | Month: | Year: |
|-----------------------|--------|-------|
| | March | 2016 |

| Income received from: | £ |
|-----------------------------------|------------|
| Voluntary Income | 58,739,000 |
| Activities for generating funds | 3,328,000 |
| Investment income | 1,078,000 |
| Income from charitable activities | 34,796,000 |
| Other sources | 8,000 |
| Total Income: | 97,949,000 |

| Expenditure: | £ |
|----------------------------------|-------------|
| | |
| Charitable activities | 85,860,000 |
| Governance costs | 413,000 |
| Cost of generating funds | 16,421,000 |
| Other | 0 |
| Total Expenditure: | 102,694,000 |
| Net (deficit)/surplus: | (4,745,000) |
| Other Recognised Gains/(Losses): | 12,000 |
| Net Movement In Funds: | 7,169,000 |

| Asset position at year end | £ |
|----------------------------|------------|
| Fixed assets | 1,009,000 |
| Investments | 41,701,000 |
| Net current assets | 4,411,000 |
| Long-term liabilities | 11,077,000 |
| *Total Assets (A): | 36,044,000 |

| Reserves at year end | £ |
|----------------------|------------|
| Restricted funds | 5,816,000 |
| Endowment Funds | 0 |
| Unrestricted funds | 30,228,000 |
| *Total Reserves (B): | 36,044,000 |

^{*} Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Grant Ref: 14253

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

| | Year 3 | Year 2 £ | Most recent |
|---|-----------|-------------|-------------|
| City of London (except City Bridge Trust) | 0 | 0 | 0 |
| London Local Authorities | 3,001,816 | 2,991,101 | 2,651,609 |
| London Councils | 116,996 | 65,886 | 195,478 |
| Health Authorities | 810,307 | 763,648 | 1,007,808 |
| Central Government departments | 1,840 | 0 | 0 |
| Other statutory bodies | 25,403 | 33,629 | 174,976 |

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

| Name of Funder | Year 3 | Year 2 | Most recent |
|----------------------------|-----------|---------|-------------|
| Kinsurdy Charitable Trust | 1,250,000 | 339,701 | 0 |
| Postcode Support Trust | 0 | 0 | 900,000 |
| Ballinger Charitable Trust | 149,723 | 306,582 | 140,630 |
| Garfield Weston Foundation | 0 | 500,000 | 0 |
| Atlantic Philanthropies | 153,430 | 159,773 | 154,265 |

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Chris Munroe

Role within **Senior Philanthropy Manager**

Organisation:

Grant Ref: 14253